



Three Month Journey

NLP Life Coaching by Phyllis LeFevre

- The Three Month Journey is the longest of our life coaching packages, and is appropriate for a wide range of ambitious life-change goals.
- Designed for those willing to make a substantial commitment to positive change in their lives, this three month NLP coaching / therapy program includes **ten one-on-one sessions of individualized coaching** and **four fun written exercises**.
- This package is geared to individuals who want sustained private coaching sessions that -- in addition to solving problems -- teach tools that they will be able to use repeatedly in a variety of contexts to achieve their future goals.
- **\$1,150**

Signing up for change

Please contact Phyllis directly to enroll and schedule dates and times for packages or individual sessions. T (801) 244 8333 / phyllis@inspiremomentum.com

For your convenience, we offer secure PayPal payment through our website.

A note on scheduling

We are not rigid in our approach to scheduling. While we know that weekly sessions produce the best therapeutic outcomes, we also know that clients have other demands on their time, and schedules change! We are happy to alter scheduled sessions times given appropriate notice, and always respect true crisis moments in our client's lives no matter how short the notice.